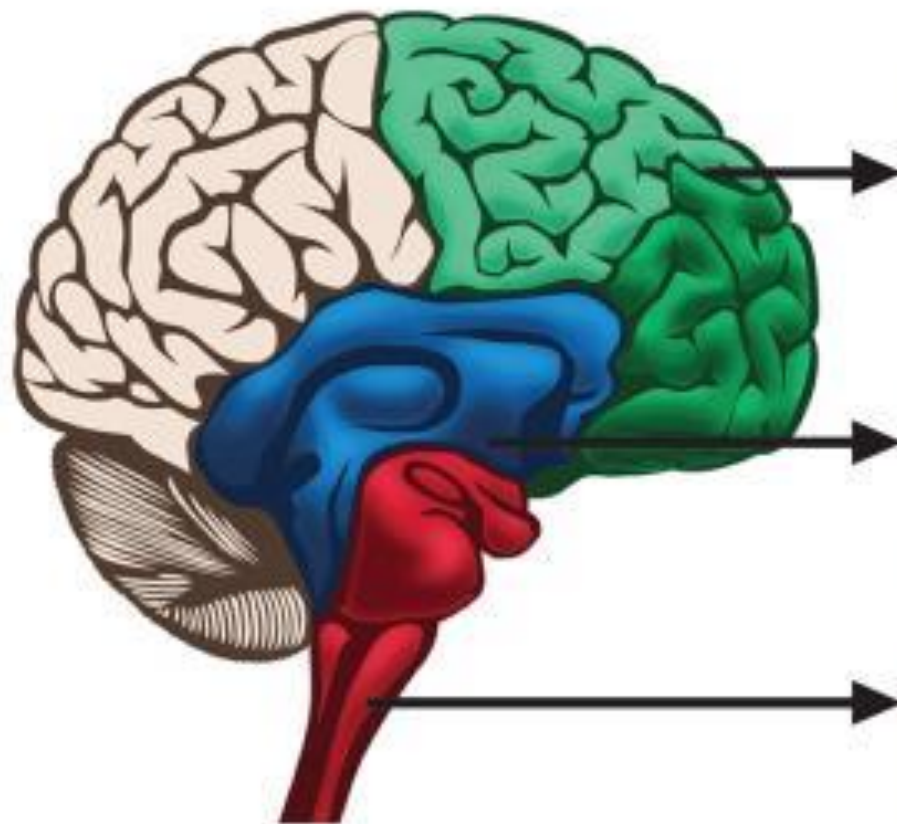


Conscious Discipline® Brain State Model



Executive State

WHAT CAN
I LEARN?



Problem-Solving

Emotional State

AM I
LOVED?



Connection

Survival State

AM I SAFE?



Safety

State dictates behavior.



Conscious
Discipline